

**Chop up and mix.
The most popular standard
natto bowl dish!**



Natto Bomb Bowl

Ingredients

Natto - 1 pack
Okura - 2 pieces
Your favorite sashimi raw fish
- As much as you like
Your favorite pickles
- As much as you like
Egg Yolk - 1 piece
Rice - 1 rice bowl
Noodle soup - As much as you like
Sesame oil - As much as you like
Sesame - As much as you like

How to cook

1. Chop up boiled okura, your favorite sashimi raw fish and pickles. Mix them with natto, noodle soup and sesame oil.

2. Place the 1 above on the rice in the bowl, drop the egg yolk on top of them in the center, and spray sesame.

ポリアミンが若さをつくる

全納連

全国納豆協同組合連合会