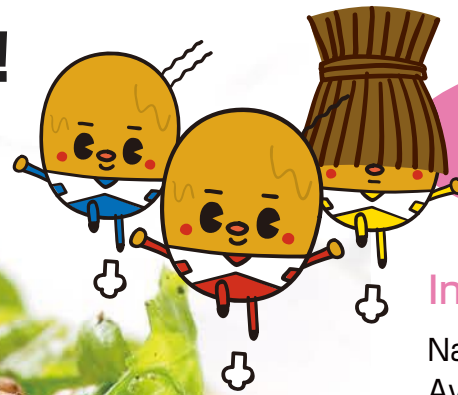


Perfect for your nutrition!
Perfect for your beauty!



Avocado Natto Salad

Ingredients

Natto - 1 pack
Avocado - 1 piece
Tomato - 1 piece
Arugula (or other strongly-flavored vegetables such as watercress or crown daisy) - 1 bundle
Your favorite dressing from store shelves - As much as you like
Pickled Rakkyo Japanese scallion (if you like)

How to cook

1. Cut tomato, arugula, and avocado into chunks.
2. Put all the ingredients in a bowl and mix them roughly.
3. Add thinly-sliced pickled rakkyo Japanese scallion if you like.